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TOP OF THE 'MOUNTAIN'

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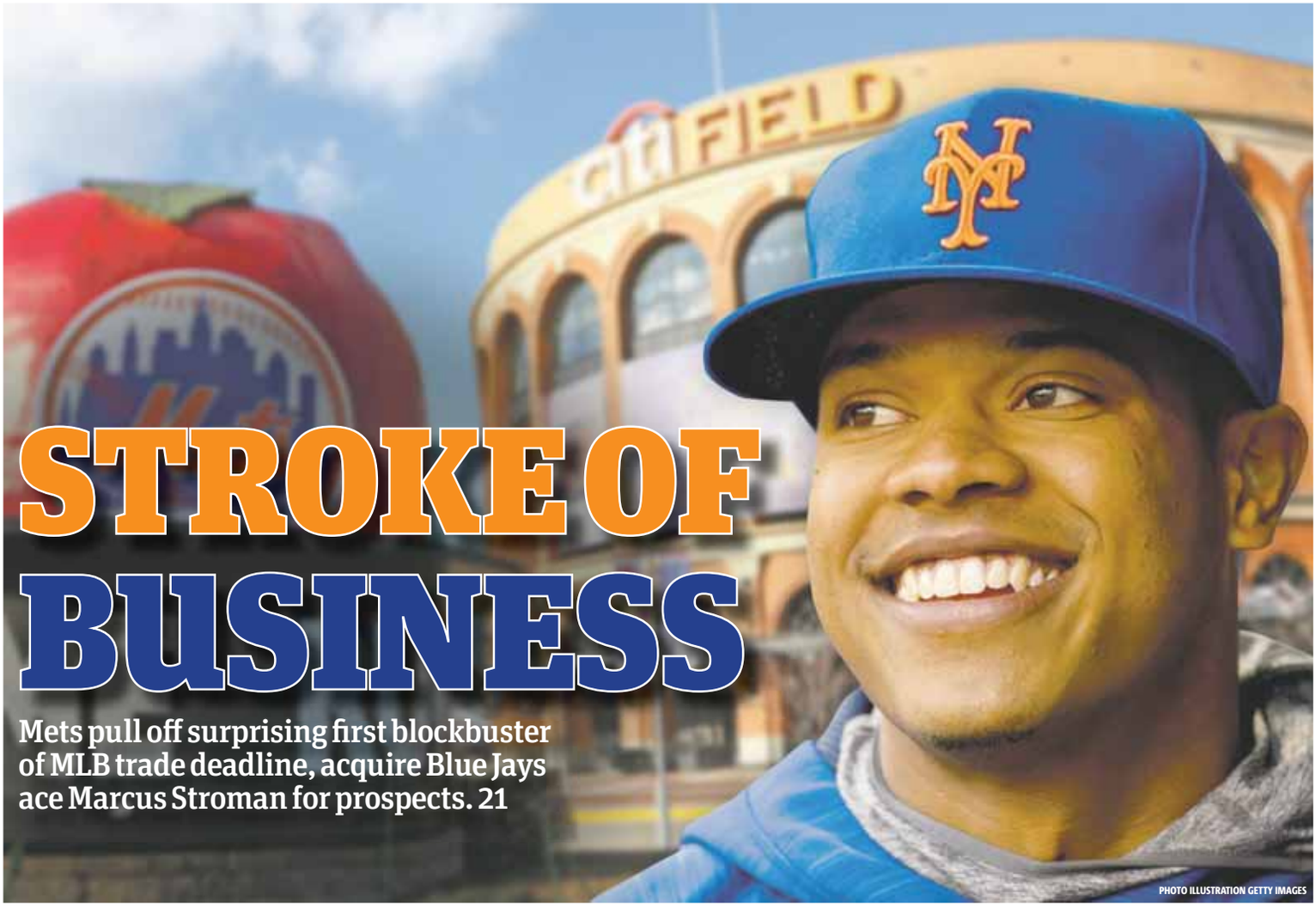

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STROKE OF BUSINESS

Mets pull off surprising first blockbuster of MLB trade deadline, acquire Blue Jays ace Marcus Stroman for prospects. 21

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4 THINGS TO KNOW

Metro's Weather Report

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
90° | 75°	86° | 74°	84° | 72°	83° | 70°	82° | 72°
Mostly sunny then slight chance T-storms	Mostly sunny then slight chance T-storms	Chance T-storms then showers likely	Chance T-storms then showers likely	Sunny

Russian opposition leader may have been poisoned in prison, doctor says

Alexei Navalny was said to have developed skin lesions and severe rash while jailed.

Russian opposition leader Alexei Navalny. REUTERS

Russian opposition leader Alexei Navalny was hospitalized on Sunday after suffering an acute allergic reaction which one doctor said may have been the result of him being poisoned with an unknown chemical substance.

Navalny, 43, was rushed to hospital on Sunday morning from jail where he is serving a 30-day sentence for violating tough protest laws, a day after police in Moscow detained over 1,000 people for an illegal demonstration which Navalny called for.

His spokeswoman Kira Yarmysh said Navalny had signs of an acute allergy with "severe swelling of the face and skin redness."

Doctors at the hospital treating him have yet to publicly disclose their diagnosis and the precise cause of his symptoms remains unknown.

But one doctor who has treated him in the past and was able to briefly speak to him and look at him through the crack of a door on Sunday said she could not rule out that he had been poisoned.

"We cannot rule out that toxic damage to the skin and mucous membranes by an unknown chemical substance was inflicted with the help of a 'third party,'" Anastasia Vasilyeva, the doctor, wrote on Facebook.

Vasilyeva, who said Navalny had a rash on his upper body, skin lesions, and discharge from his eye, called for samples of Navalny's bed sheets, skin and hair to be tested for chemicals.

She said she found the fact that she had not been allowed to examine him properly suspicious.

The Moscow hospital where Navalny's spokeswoman said he was being treated could not be reached for comment.

Separately, Navalny's lawyer, Olga Mikhailova, wrote on Facebook on Sunday evening that doctors did not know what was wrong with her client, but that she deemed his symptoms strange given that he had never suffered from allergies in the past.

Navalny suffered a serious chemical burn to his right eye in 2017 as a result of an assault. Doctors were able to restore his sight and save the eye.

He was jailed on Wednesday this week for 30 days for calling for Saturday's unauthorized march to protest against the exclusion of several opposition candidates from a local election later this year.

While Navalny was behind bars, police rounded up more than 1,000 people in the Russian capital at the rally on Saturday in one of the biggest crackdowns in recent years against the opposition, drawing international criticism.

A spokeswoman for the U.S. embassy in Moscow, Andrea Kalan, wrote on Twitter on Sunday that the large number of detentions in Moscow and the "use of disproportionate police force undermine rights of citizens to participate in the democratic process."

OPPOSITION ACTIVIST DETAINED

In a separate incident on Sunday, Russian activist Dmitry Gudkov, who was among the opposition candidates barred from running in local elections later this year, said he had been detained and taken to a Moscow police station.

1,000

Police rounded up more than 1,000 people in the Russian capital at the rally on Saturday in one of the biggest crackdowns in recent years.

The reason for Gudkov's detention was not immediately clear, his spokesman Alexei Obukhov told Reuters.

Russia's Interior Ministry did not respond to a request for comment on Navalny and Gudkov's detention.

Police on Sunday night detained about 10 people, including journalists, who had gathered in front of the hospital where Navalny was being treated.

Navalny, a lawyer and anti-corruption activist, has served several stints in jail in recent years for organizing anti-government demonstrations.

The European Court of Human Rights last year ruled Russia's arrests and detention of Navalny in 2012 and 2014 were politically motivated and breached his human rights, a ruling Moscow called questionable. REUTERS

2 Vietnam holds 380 Chinese in online gambling bust

Police in Vietnam on Sunday detained more than 380 Chinese people accused of running the country's largest-ever underground online gambling ring, the government said. Gambling is illegal in Vietnam in most cases, though foreigners are allowed to gamble at local casinos. Last year, Vietnam said it would allow some local citizens to gamble at selected casinos on a trial basis. The individuals, aged between 18 and 24, were arrested while operating online gambling websites from more than 100 rooms at a tightly-guarded urban area in Haiphong City, 100 kilometers east of Hanoi, the ministry said in a statement on its website. It said the ring hosted online platforms for Chinese gamblers to bet on sports games and lotteries, with the amount of transactions estimated at $436.14 million. REUTERS

3 Trump taps Rep. Ratcliffe to replace Coats as spy chief

President Donald Trump said on Sunday he would nominate Rep. John Ratcliffe, a Republican who strongly defended him at a recent congressional hearing, to replace Dan Coats as the U.S. spy chief. Coats, the current U.S. director of national intelligence who has clashed with Trump over assessments involving Russia, Iran and North Korea, will step down on Aug. 15, the president said on Twitter. "I am pleased to announce that highly respected Congressman John Ratcliffe of Texas will be nominated by me to be the Director of National Intelligence," Trump said. "A former U.S. Attorney, John will lead and inspire greatness for the Country he loves," Trump added, thanking Coats "for his great service to our Country" and saying that an acting director will be named shortly. REUTERS

4 PR justice sec says she doesn't want to be governor

The woman in line to be the governor of Puerto Rico after Ricardo Rossello steps down next week said Sunday she doesn't want the job running the U.S. territory. Rossello said last week he will step down on Aug. 2 in the face of mass street protests and public outrage over the release of profane chat messages and embezzlement charges against two former administration officials. Secretary of Justice Wanda Vazquez is next in line to succeed Rossello as governor because Puerto Rico currently has no secretary of state, who would have precedence. But on Sunday she said she had no interest in taking the reins. "I hope the governor identifies and submits a candidate for secretary of state before Aug. 2 and I have told him as much," Vazquez tweeted. Protesters who forced Rossello from office had opposed Vazquez, saying she is too close to the disgraced governor. REUTERS

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Doctors Urge Knee Pain Sufferers

"Don't Get ANY Surgery Until You SeeThis…"

After Years Of Intense Study, NYC Medical Clinic Finally Reveals It's Best "Treatment Formula" For Helping Knee Arthritis Sufferers... Especially When So Many Other Treatments Have Failed

NEW YORK CITY - If you are even remotely interested in discovering how the latest scientific discoveries can possibly help your knee pain... then this is going is be the most exciting information you ever read.

Here is why: Knee pain can not only be brutal... it's complex. In other words, it's not a simple, easy fix.

But I'm sure you already know that. Or you wouldn't be reading this.

That's the bad news.

Now for some good news...

Over the years, *NYC Pain MD* has treated countless knee pain sufferers. And in that time have been able to constantly improve.

And we have come up with a treatment formula that we have found works best and helps the most patients.

This formula has reduced or even eliminated the pain in many. Some were scheduled for knee replacement surgery and felt good enough to cancel their surgery.

It's amazing when patients who were once in excruciating pain... start feeling better. And start walking again. And playing golf. Or tennis. And finally getting their lives back.

Especially when they had gone to other doctors and tried so many other things.

So many had given up hope.

Sound familiar? If it does... check this out...

The Treatment Formula

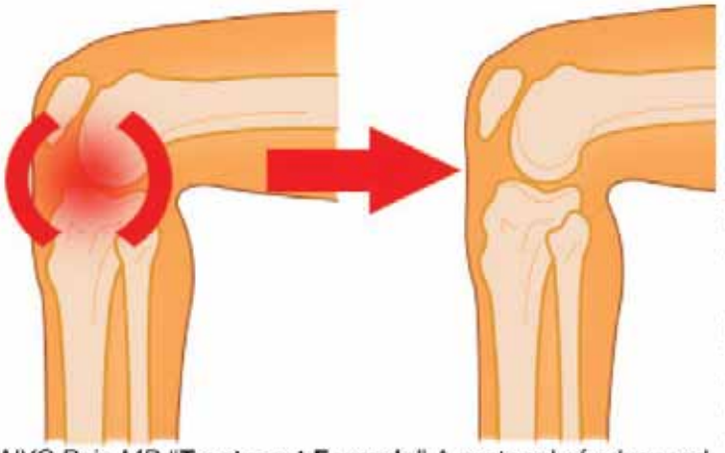
While I can't give you the entire treatment formula here (there is not enough space and WAY too complicated) I can give you the basics. And more important... I can tell you what it might be able to do for YOU.

The first and most important part of the formula is: PATIENT SELECTION.

This means, *NYC Pain MD* has a detailed screening process to tell who is most likely to be helped by their treatments... and who is not.

If you qualify, you have the opportunity to move forward and experience the worldclass treatments that *NYC Pain MD* offers.

If you do not, *NYC Pain MD* will tell you what they think your best options are and help you find the right doctor for you.



NYC Pain MD "**Treatment Formula**" A protocol of advanced medical treatments that has already helped thousands.

If you qualify, NYC Pain MD offers some of the most advanced medical treatments available today all using the most advanced imaging technology including:

- Viscosupplementation (gel injections)
- Platelet Rich Plasma (PRP)
- Stem Cell Therapy (Lipogems)
- Genicular Knee Block
- And more.

Once again, there is not enough space to go into detail about all these procedures... but here are some things you MUST KNOW....

Viscosupplementation is where a doctor introduces a gel-like medicine directly into the joint space. This helps to lubricate the joints often relieving some, most or even all of your pain. Results can last for 6 months to several years.

Many have had these treatments *without* good results. However, *NYC Pain MD* feels this is because doctors often do these "gel injections" without advanced imaging to guide them. Research shows they will often miss the joint. If the joint is missed... it is impossible for the treatment to work.

NYC Pain MD has spared no expense and used advanced imaging to guide the injections assuring the medicine gets into the joint. We frequently get results when this treatment was a failure done elsewhere.

The second thing you must know is... our treatment plans are custom made for every patent. And we have all these treatments offered in the same place. Many times you will get the best results from multiple treatments. At *NYC Pain MD* your doctors will all be there and will all know each other and you and your case. They work together and give you the best treatments and care without you having to go anywhere else.

The ability to select the right patients and then have the potential to give them any or all of these treatments... with all the necessary medical technology... under one roof... has allowed *NYC Pain MD* to get better results than they thought possible.

Here's What You Should Do Next

If you suffer with knee pain... and any of this made sense to you... *NYC Pain MD* would like to offer you a No-cost screening. That screening is the first step in our "Treatment Formula."

You will get to see a doctor and ask any questions you have. Your doctor will take the first steps to see if you qualify for treatments and give you recommendations.

The best thing is... you will finally get direction. You will know what's going on and what is your best course of action… step-by-step. The treatments will be explained in detail and you will breathe a big sigh of relief finally knowing what's going on and what can or cannot be done.

There is so much we want to say to help you... but I'm out of space. Give us a call at ***877-296-6310*** and take the first step. That step is free without obligation.

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NEWS

Rep. Elijah Cummings. GETTY IMAGE

Trump rejects 'racism' charge, fires back at Cummings

Mick Mulvaney told the Sunday talk shows that the president's comments are more "hyperbole."

President Donald Trump on Sunday said disparaging comments he made about a prominent African-American lawmaker and his Baltimore district were not racist and, without citing any evidence for his claim, he called the congressman a racist.

"If racist Elijah Cummings would focus more of his energy on helping the good people of his district, and Baltimore itself, perhaps progress could be made in fixing the mess that he has helped to create over many years of incompetent leadership," Trump said in a tweet.

Trump had attacked Cummings, a Democrat in the House of Representatives who has long been a champion for civil rights, in a series of tweets on Saturday, after the lawmaker criticized conditions at U.S. facilities housing migrants along the Mexico border.

In a post on Twitter, Trump called Cummings' district "disgusting, rat and rodent infested."

"No human being would want to live there," he said.

The tweets drew pointed responses from Democrats, who said the comments were racist, a charge Trump denied on Sunday.

"There is nothing racist in stating plainly what most people already know, that Elijah Cummings has done a terrible job for the people of his district, and of Baltimore itself," he said in a series of posts on Twitter.

> **"If racist Elijah Cummings would focus more of his energy on helping the good people of his district, and Baltimore itself, perhaps progress could be made."**
>
> President Trump

Cummings' office did not immediately respond to a request for comment on Trump's latest tweets. In a tweet on Saturday responding to Trump's initial barrage, Cummings said: "Mr. President, I go home to my district daily. Each morning, I wake up, and I go and fight for my neighbors. It is my constitutional duty to conduct oversight of the Executive Branch. But, it is my moral duty to fight for my constituents."

Cummings is the chairman of the House Oversight Committee, which voted 23-16 along party lines on Thursday to issue subpoenas to White House officials, including Trump's daughter Ivanka Trump and son-in-law Jared Kushner as part of a probe into possible violations of government record-keeping laws.

In an interview on CBS's "Face the Nation," acting White House chief of staff Mick Mulvaney said on Sunday that he understood why Trump's comments could be perceived as racist but he said the president was speaking hyperbolically.

Trump's remarks echoed a similar attack he made in January 2017 against another black lawmaker and icon of the civil rights movement, John Lewis. He also recently told four women lawmakers of color to "go back and help fix the totally broken and crime infested places from which they came." REUTERS

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Chairman of the House Judiciary Committee Rep. Jerry Nadler. GETTY IMAGE

No deadline for Trump impeachment, Nadler says

A panel chaired by the Dem continues to review the Mueller report.

A senior lawmaker in the House of Representatives on Sunday rejected the notion that Democrats must decide whether to pursue the impeachment of Republican President Donald Trump before the 2020 election season shifts into high gear.

With some Democrats warning that the window for impeachment was closing with the approach of elections, House Judiciary Committee Chairman Jerrold Nadler was asked if he thought there was a deadline.

"No, I don't," Nadler told CNN's "State of the Union." His committee is charged with initiating any impeachment proceedings.

Democratic lawmakers will want to focus on their own campaigns to keep the party's control of the House in the November 2020 elections, and months-long impeachment proceedings would risk interfering with those efforts.

An investigation by Special Counsel Robert Mueller found multiple contacts between Trump's campaign and Moscow, and several instances in which the president tried to impede Mueller's probe.

Nadler's panel is looking into Mueller's conclusions, as well as whether Trump's businesses are profiting from his presidency.

He said those issues will have an impact far beyond next year's election.

"We have to defend the Constitution against these kinds of unconstitutional and illegal deeds," Nadler told CNN. "And we have to make sure that a president who does that pays a penalty so that kind of conduct is not normalized and legalized in effect for the next president."

"So we have to do this, whatever time frame there is."

House Speaker Nancy Pelosi has tried to restrain Democrats from initiating the impeachment process against Trump without first ensuring public support.

U.S. Rep. Adam Schiff said it was important to show the American people enough evidence to make the case for Trump's impeachment "before we go down this path, because it's going to occupy a year of the nation's time."

> **"We have to make sure that a president who does that pays a penalty so that kind of conduct is not normalized and legalized in effect for the next president."**
> **Rep. Jerrold Nadler**

With the White House refusing to cooperate in many congressional investigations of Trump, Schiff told NBC's "Meet the Press" that obstructing Congress might itself become the focus of impeachment efforts.

The Judiciary panel moved a step closer to impeachment on Friday when it asked a federal court for access to grand jury evidence from the Mueller probe.

The committee wants to review interactions between Trump campaign officials and Russian agents, and Trump's alleged efforts to direct former White House Counsel Don McGahn to remove Mueller. REUTERS

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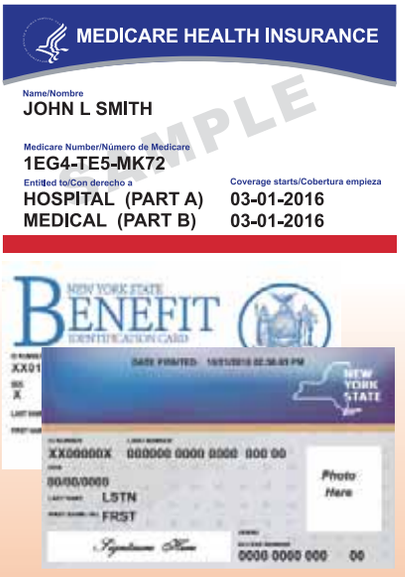

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Demand Soars At NYC Medical Clinic For Promising Back Pain Treatment

Can This Medical Technology Possibly Eliminate Or Greatly Reduce Even The Most Severe Back Pain... Almost Instantly?

The Advanced Medical Treatment Every Back & Neck Pain Sufferer Needs To Know - No Matter How Bad The Pain Is Or How Many Other Treatments Have Failed

NYC Pain MD is a medical clinic with two locations in New York City that has made a name for itself by treating the worst cases of back or neck pain.

Here is what every back and neck pain sufferer who has failed to respond to other treatments and does not want surgery should know about one of the best treatment options available today for severe back and neck pain including when, why and where you should consider this treatment to get maximum results.

If you suffer with back, neck or nerve pain, you have probably already tried *many treatments...* especially countless pain medications.

Experienced doctors understand that even though pain medications such as anti-inflammatory pain pills are part of the recommended early treatment plan for back pain... they are rarely the answer.

In most cases they have minimal, short term results (if any) and have a laundry list of potential side effects. Some being serious and even life threatening.

Are there any better options?

Thankfully, advancements in science and technology come extremely fast. And now there is very good option to help relieve the pain.

An option that a lot of back and neck pain sufferers may have never heard of before.

Before we get into these treatments, please understand this...

NYC Pain MD is a REAL medical clinic that has treated the worst cases of back pain. Patients travel from all over to be treated at one of their clinics for all sorts of joint and muscle pain because they want the best medical treatments available.

What you are about to discover is a REAL medical treatment. Not some miracle cure you see on infomercials or on the internet.

Know this fact: There is no one treatment that will help every case of back pain. And we cannot guarantee this treatment will work for you. But this treatment has already helped countless back and neck pain sufferers who had given up hope. I bet many just like you.

What is this treatment? It's called...

Radiofrequency Neurotomy

"Radiofrequncy Neurotomy" is often referred to as RF for short.

RF is a procedure that is based on the theory that blocking the nerve supply to the painful area may alleviate pain and restore function.

There are many nerves around your spine and one of their jobs is to sense PAIN.

Radiofrequency waves are delivered to these nerves under advanced imaging to "block" the nerves.

Two procedures are performed. First, a test, diagnostic "Block" procedure is done to determine if the procedure is going to decrease pain and improve function.

If this first "test" procedure is successful, the Radio Frequency Neurotomy is scheduled and performed for longer term relief.

What Results Can You Expect?

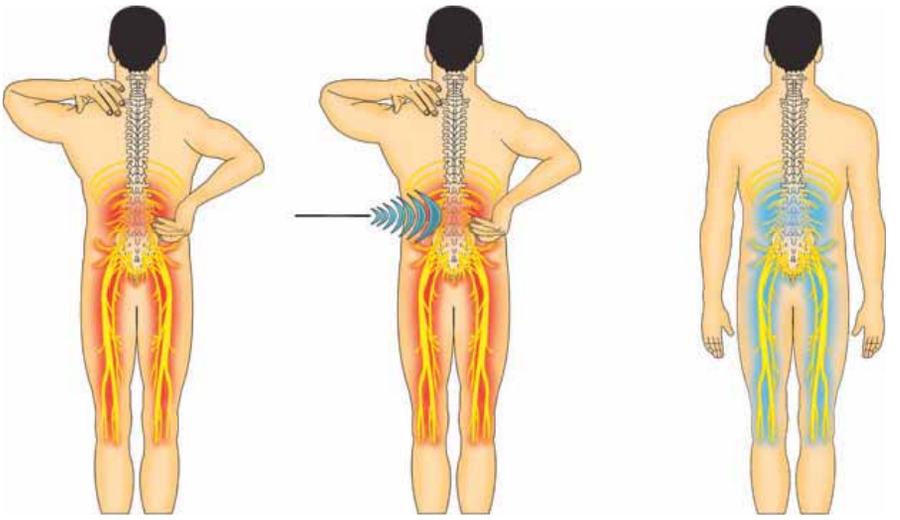
Like all real medical procedures... results vary for individual patients. No good and ethical doctor would guarantee any exact results for any procedure... that's just not how things work and it would be less than honest.

That's being said, it is not uncommon for patients to get complete, if not significant relief of their pain shortly after the treatment.

How Long Do The Results Last?

This procedure "blocks" the nerves pain signals... it does not destroy them. Therefore, the results are safe but not completely permanent. But, many patients get relief for 6 months… 12 months…. 18 months for some and some even longer. The great news is - another procedure can be safely preformed for more relief if necessary.

Advanced Treatment Uses Radio Frequencies To Relieve Serious Neck & Back Pain



Science rescues back & neck pain sufferers?: Radio Frequency Waves are used to block the nerve supply to the painful area and may alleviate pain and restore function to many.

While we cannot claim this is a complete "permanent cure" but... it can be a god-send for so many who were in constant pain.

Really... what would it be worth it to you could get out of pain for long enough so you could start enjoying your everyday life again?

Would it be worth it to be able to finally get a good nights sleep again?

How about being able to go for a simple walk or just do your basic daily chores without worrying about so much pain?

Is It Safe?

Yes. This procedure has been done countless times and continues to have an excellent safety record. It is minimally invasive and is not surgical.

Who Should Try This Treatment?

RF should be considered after other treatments, such as anti-inflammatory pain medication and physical therapy do not offer good enough results.

RF has also been found effective AFTER back surgery when patient's still feel pain.

The pain after a failed back surgery can be debilitating for some and this procedure may be the only thing that helps give you relief.

What To Do Next If You Are In Pain And The "X" Factor

Here is the "X" factor many do not consider that might be the difference between you getting the best possible treatment or not.

Many experts suggest choosing a medical clinic that offers all these treatments and has the proper, most advanced technology all under one roof without the need for a surgical center or hospital.

Major Savings In Time And Costs Of Care?

NYC Pain MD's method allows you to avoid expensive hospital or out patient surgi-center facility fees which often run 3 to 4 times the cost of the procedure itself. And you don't have to go through the huge stress and time consuming process of going all over the city to outside centers. All the *NYC Pain MD* treatments can be done in out in-office procedure suites saving you stress, time and dollars. *NYC Pain MD* believes this additional "X" factor is one of the reasons so many back pain sufferers travel from all over to be treated at one of their advanced medical clinics.

Your Invitation

NYC Pain MD offers a limited number of complimentary back pain treatment screenings every month. These screenings are a way for back pain sufferers to get some of their questions answered and see if they are a candidate for one of the cutting-edge treatments offered at *NYC Pain MD*. If you would like a complimentary screening, just call 877-907-2934 and tell the scheduling expert who answers the phone, "I would like a complimentary back pain screening."

The screenings fill up fast every month. If you do not call in time to get one this month, the expert will schedule you for next month.

This screening is no cost and no obligation.

Many of the treatments offered are covered by many insurance plans and traditional medicare.

Call 877-907-2934 for your free screening and find out if you can get out of pain today.

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Italian police investigate picture of blindfolded US murder suspect

Two American teens were arrested in the stabbing of an Italian officer.

Italian police have launched an investigation into a picture showing a U.S. student suspected of killing an officer in a blindfold and handcuffs soon after the arrest.

Two American teens were arrested on Saturday in Rome, accused of the stabbing murder of Italian military police officer Mario Cerciello Rega.

Judicial sources said the students are Finnegan Lee Elder, 19, and Gabriel Christian Natale-Hjorth, 18, both from San Francisco. They face charges of murder and attempted extortion.

> **"The Carabinieri command in Rome is carrying out with extreme urgency an investigation to identify who is responsible."**
>
> **Italian police**

The picture of Natale-Hjorth with head bowed and eyes covered by a blue blindfold at a police station started circulating on the internet on Saturday and was published by several Italian newspapers on Sunday.

Police did not deny the authenticity of the picture.

"The general command of the (military police) Carabinieri disassociate themselves from the release and disclosure of photos of persons arrested for the murder of [Officer] Mario Cerciello Rega," they said in a statement late on Saturday.

"The Carabinieri command in Rome is carrying out with extreme urgency an investigation to identify who is responsible."

Human rights associations condemned the picture as disturbing, but Italy's Interior Minister Matteo Salvini dismissed the controversy.

"To those who complain about the blindfolding of a person arrested, I remind them that the only victim to cry for is a ... Carabiniere ... who died while doing his job, killed by people who, if guilty, deserve spending their life [*sic*] in prison," Salvini said on Twitter. REUTERS

Italians pay tribute to a Carabinieri military police officer killed in central Rome. REUTERS

‘Lion King’ wins box office, ‘Once Upon a Time’ has strong opening

Disney’s “The Lion King” might still rule everything the light touches, but Quentin Tarantino’s “Once Upon a Time in Hollywood” certainly held its own this weekend at the domestic box office.

In a win for original content, Tarantino’s R-rated ode to Hollywood’s golden age opened with $40 million from 3,659 North American theaters, a career best for the filmmaker. The movie also scored an opening day record for Tarantino, amassing $16.8 million on Friday.

“Once Upon a Time in Hollywood” came in second place behind “The Lion King,” which collected another $75.5 million, down roughly 60 percent from its inaugural outing. Jon Favreau’s remake of the animated classic has generated $350 million at the domestic box office, making it the fourth-biggest release of the year after 10 days in theaters. Overseas, “The Lion King” has earned $612 million for a worldwide bounty of $963 million.

REUTERS

“The Lion King” continues to strengthen Disney’s reign over the domestic box office. The studio now owns the five highest-grossing movies of the year with “Avengers: Endgame” ($856 million), “Captain Marvel” ($426 million), “Toy Story 4” ($395 million), “The Lion King” ($350 million) and “Aladdin” ($345 million).

Heading into the weekend, Sony tempered expectations for “Once Upon a Time in Hollywood,” estimating a $30 million start given the midsummer debut for a film that isn’t based on existing IP or part of a franchise. The movie has the benefit of positive reviews — and the rare chance to see Leonardo DiCaprio and Brad Pitt share the big screen — but it will need to rely on word of mouth to continue drawing crowds throughout popcorn season. It received a “B” CinemaScore from audiences, compared to the “A-” score for his most recent hits, 2009’s “Inglourious Basterds” and 2012’s “Django Unchained.”

“Inglorious Basterds,” which also starred Pitt and debuted during summer, launched with $38 million and ended its box office run with $120 million in North America and $321 million worldwide. “Django Unchained,” Tarantino’s biggest box office success to date, bowed with $30 million over the holidays, and went on to earn $425 million globally. REUTERS

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Think the heat wave was bad? Climate already hitting key tipping points

Record-breaking temps baked most of Europe this past week.

People cool off in the Trocadero fountains across from the Eiffel Tower in Paris. REUTERS

"Shall we all just kill ourselves?"

It was an odd title for a comedy night, but British stand-up Carl Donnelly turned out to have chosen an environmental theme with impeccable timing.

With temperature records tumbling daily in last week's European heat wave, a crowd in an East London bar seemed uniquely primed to appreciate his darkly humorous riffs on the existential threat posed by climate change.

That foretaste of a radically hotter world underscored what is at stake in a decisive phase of talks to implement the 2015 Paris Agreement, a collective shot at avoiding climate breakdown.

With study after study showing climate impacts from extreme weather to polar melt and sea-level rise outstripping initial forecasts, negotiators have a fast-closing window to try to turn the aspirations agreed in Paris into meaningful outcomes.

"There's so much on the line in the next 18 months or so," said Sue Reid, vice-president of climate and energy at Ceres, a U.S. nonprofit group that works to steer companies and investors onto a more sustainable path.

"This is a crucial period of time both for public officials and the private sector to really reverse the curve on emissions," Reid told Reuters.

In October, the U.N.-backed Intergovernmental Panel on Climate Change (IPCC) warned emissions must start falling next year at the latest to stand a chance of achieving the deal's goal of holding the global temperature rise to 1.5 degrees Celsius.

With emissions currently on track to push temperatures more than three degrees higher, U.N. Secretary-General Antonio Guterres is working to wrest bigger commitments from governments ahead of a summit in New York in September.

Telling world leaders that failing to cut emissions would be "suicidal," the Portuguese diplomat wants to build momentum ahead of a fresh round of climate talks in Chile in December.

By the time Britain convenes a major follow-up summit in late 2020, plans are supposed to be underway — in theory at least — to almost halve global emissions over the next decade.

"In the next year and a half, we will witness an intensity of climate diplomacy not seen since the Paris Agreement was signed," said Tessa Khan, an international climate change lawyer.

"REVOLUTION OR COLLAPSE"

As the diplomatic offensive intensifies, the latest scientific studies have offered negotiators scant comfort.

U.S climatologist Michael Mann believes emissions need to fall even more drastically than the IPCC assumes, since the panel may be underestimating how far temperatures have already risen since pre-industrial times.

"Our work on this indicates that we might have as much as 40 percent less carbon left to burn than IPCC implies, if we are to avert the 1.5 Celsius warming limit," said Mann, director of the Earth System Science Center at Penn State University. REUTERS

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3	4				6		1	7
	1		4		7		9	
6	8		5				4	3
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MEDIUM

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HARD

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— **Bob Sterner**, *Metro New York reader*

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Aries Try not to get bogged down in other people's dilemmas. Do something you've never done before. Look for ways to improve your health and appearance without being drastic.

Taurus You may feel the need to make an impulsive move, but think twice before you take action. Someone close to you will disagree with your plans, causing a rift in your relationship.

Gemini When it comes to emotional matters, you'll differ from someone who may stand between you and the success you are trying to achieve. Get the go-ahead before you proceed.

Cancer Express your feelings and accept the response you receive. The talks you engage in may not be what you expect, but, in hindsight, you'll realize the benefit of the information you collect.

Leo An unexpected offer will not be what you think it is. Ask questions and get the lowdown before you agree to something that may not be the way to go.

Virgo Look at the facts and take what you discover at face value. If someone overreacts, rely on what you know to restore peace. Your stability and insight will encourage positive results.

Libra Change begins within. Start by updating your image and projecting a positive attitude. Joint ventures should be avoided, and impulsive purchases should not be made.

Scorpio Getting along with peers won't be easy, and letting stress build could be a health hazard. You need a diversion. Focus on what you enjoy. Gravitate to the positive, not to the negative.

Sagittarius Take an aggressive approach to your responsibilities. Taking care of personal business will ease your mind and help you see situations clearly. Don't spend money on unrealistic products.

Capricorn A shift in attitude regarding a certain relationship will help you eliminate some of the drama or negativity you've experienced. Let go of the past and embrace the future.

Aquarius If you desire change, begin on your own doorstep. Evaluate what you've accomplished and what you want to do next. Leave nothing to chance, and plan your actions and execute them flawlessly.

Pisces A creative approach to the way you deal with younger and older people in your life will improve your relationships. Participate in events that include people of all ages. EUGENIA LAST

KINO LORBER

Jeff Goldblum and writer-director Rick Alverson on 'The Mountain' and why there are no real happy endings

The two discuss their mind-bending new film dealing with the fight over the human brain.

PAT KING
patrick.king@metro.us

"Would you mind if we jump in right there?" I ask this question right as I walk into the room to interview writer and director Rick Alverson and Jeff Goldblum about their mind-bending new film, "The Mountain." The two are eating lunch in the middle of what seems to be a long day of press interviews and discussing why, perhaps, everyday Americans choose to simply not take part in our democracy by not casting their votes.

"I say this a lot, the reason why people in America don't vote is that they're constantly pacified and satisfied," muses Alverson. "They get off work after a hard day and instead of engaging in the world as some sort of nourishment, they're just intoxicated by something that's disposable and they just glaze over."

Given that we were about to discuss a film where the character that Goldblum plays, Dr. Wallace Fiennes, is a traveling physician who performs lobotomies and shock treatment to sterilize radical thoughts within patients all across the States during the good old days of the 1950s, I figured the parallel was too great to pass up. I ask Alverson his thoughts if that is a metaphor that fits.

"I find metaphors in movies and reading into movies to be problematic," says Alverson. "It's very convenient and we're conditioned to do it. Movies since their inception, how they were different from literature, is that they are experiential. You're not supposed to say that's what that means and that's what that means. It's supposed to be for when we wake up, even in our Freudian ways trying to deconstruct dreams. They're first and foremost experiential and visceral. They change us and they inform us and we learn that way. That's what cinema is supposed to do. That's why it's different from a book. It's more convenient for us to read it and say, 'I get it' or 'I like it' or 'I don't like it' and walk out the door unburdened by the thing. I wonder where the value is now? It's almost better to read a book. ... We create images."

Alverson is no stranger to making difficult narratives in his films that could lead to audiences making their own conclusions about what they have seen. In "The Mountain," he believes his desired effect is a little more out in the open for viewers to grasp.

"In my movies, I try to make the metaphors dysfunctional. They're there! There is a blatant, almost silly metaphor in corollary between the lobotomy [and] pacification of populations through disposable entertainment [in "The Mountain"]. I'm not saying all of that is bad, but when you have industries and societies that push the difficult and challenging aside as not worthy of being consumed, as being problematic, as not be nutritious, you wonder what's happening there."

All of this deep discussion about the film has Goldblum on the edge of his seat and nodding in excited agreement. "That's the very clear impact this movie is intended to have," the veteran actor says. "To wake them up, get them involved, get them engaged, and get them, like Martha Graham used to say, divinely dissatisfied."

According to Goldblum, films like Alverson's past two features, "The Comedy" and especially "Entertainment," are the kinds of projects he is most interested in pursuing these days. Films that ask big existential and internal questions without putting a bow on their conclusions.

"We met and I loved what he was saying and loved him," he says of first becoming aware of, and then working on this film with, Alverson. "I kept watching 'Entertainment' over and over again. I thought it was hilarious. I loved it. That's the main thing that I'm looking for now, the director. Script and story are nice, but that's what you look for in a director, to make a good movie. My taste is something surprising and something different and something with politics that I'm in concert with that's meant to disturb, disrupt, shake up, and otherwise appall and outrage."

The film does exactly that, as we follow the main character, Andy, played with a quiet intensity by Tye Sheridan, traveling the country as Dr. Fiennes' personal photographer after the untimely passing of his father. Andy leaves behind the ice-skating rink that his father operated in order to go from hospital to hospital, rolling the dice on which ones will allow them to perform these now-deemed gruesome procedures on patients that simply exhibit eccentricities and desires that are more commonly accepted today. As Andy observes the work of Dr. Fiennes, he tries his best to keep his secret desires as close to the vest as he can. Alverson never chooses to let the tension simmer to its boiling point until the very end, and at that point, viewers will most likely need a decompression drink at the closest bar to discuss the conclusion.

The central theme of "The Mountain" can be argued as the need for old ways dying to make way for the new. But do Alverson and Goldblum believe we are better off now than we were when the film takes place? Are we more accepting of difficult emotions and opposing thoughts?

"We're all living in little halls of mirrors," says Alverson. "Unfortunately, we're more isolated from outside influence and the concept of 'an array of others' now than we were in 1990, because we crave these little bubbles of validation. We're very angry, left or right, if somebody shows us something we feel is wrong or different. It's a strange mode. So I think this idea that we believe in the boundless potential and utopia — I was charmed by Obama, but I do think that we are seeing the dark side of a fantasy that we live in a perfectible world. It is not! We need to deal with our limitations — that's what makes life beautiful. That's what forms the contours of your hand. We want to say everything is possible, and it's not possible. ... We are pushing at the seams of the possibilities and the capacities of the Earth because of our dreams and our inability to look at the realities, limitations and beautiful finite."

This conversation makes Goldblum think of the arguments made by famous historian Yuval Noah Harari in such books as "Sapiens" and "Home Deus," where he discusses the detriment of creating these fantasy endings when they are unrealistic in almost every aspect of life.

"He talks about the major religion of the last century, which is 'Humanism,'" Goldblum explains. "It's a made-up fantasy where the customer is always right, beauty is in the eye of the beholder, and the voter knows best. And if you look into your deepest heart, there is something special about the human being. The human being is divine, not because of something divine, but just because of the way we are possessed of something very special. So if you look in your deepest heart and you listen to yourself, all movies and all stories tell us, we'll come up with a happy answer. The life sciences, he says, are certainly not true. We're not even individuals. There's no free will. The choices we make happen because of evolutionary determinism and something random. And all that must go 'poof' also."

"The Mountain" is currently screening in select theaters.

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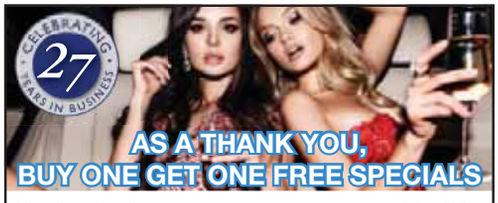

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Virtual assistants could greatly change our lives

Metro examines the current state of digital helpers and investigates what to expect in the future.

DMITRY BELYAEV, MWN
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ISTOCK

Virtual assistants are steadily integrating themselves into every part of our existence. Our smartphones have Siri, our homes and offices Google Assistant, and some schools even use Amazon Echo in classrooms as a spelling and math teaching aid.

"People are increasingly using virtual assistants for a variety of tasks. They are now accessible everywhere you go, integrated into other pieces of technology, such as your car and home," Ryan Cohn, executive vice president at Sachs Media Group and an expert on forecasting and navigating the changing communications landscape, told Metro.

However, the boom of assistants that was expected to happen this year did not take place. According to experts, many people are reluctant to trust them. They don't like the possibility that technology companies could listen to and record their private lives, thus making users careful in their own home with what they say.

"Companies developing virtual assistants aren't able to provide the level of security they claim. There have been numerous cases of companies unintentionally leaking, or intentionally sharing, data they claimed would be protected. What most consumers don't understand today is that nearly every time you interact with digital platforms, your data is being collected and used to generate behavioral models of you that companies are looking to monetize," Toshi Hoo, director of the Emerging Media Lab at Institute for the Future think tank, explained.

Another problem is that the underlying technology is not fully ready. Yes, machines are excellent in defined tasks and can surpass human experts in those easily. From AlphaGo's winning the Go grandmaster to IBM Watson's defeating the human champion in "Jeopardy!," machines are deployed to optimize choices for well-defined outcomes or with interactions confining to a particular format.

However, when it comes to learning, the human's brain structure and machine's neuro-network are completely different. And that is why computer scientists suggest artificial general intelligence remains primitive and nonexistent, even though it has shown great advances in recent years.

"Big tech companies have pitched virtual assistants as 'general assistants' but in fact their expertise is rather narrow and the interaction still resembles [something] more like 'voice command control,' but not 'free-flow dialogue.' That is why the promised boom could not materialize. The performance of the product has not been living up to the expectation companies had previously promised," Howard Yu, professor of management and innovation at the IMD Business School, Switzerland, stated.

And although modern assistants are just capable of responding to simple voice commands, it is expected that soon they will be fully developed and turn our lives upside down — for example, by freeing us from many of the unwanted, laborious tasks we have to do each day. They could take away the negative nuances of life and give us back time and mental space to be used for better purposes.

"There are too many tasks worth automating. Things such as juggling one's social calendar, booking a restaurant, planning one's travel route and setting aside time to file taxes are chores that no one derives much joy from. If one thinks about the value of the washing machine that alleviated the washday drudgery of millions, to the point that it emancipated women from their mundane home lives, virtual assistants could, in the long run, exert a similar impact on our society," Yu said.

But what does the future hold? According to experts, it might go one of two directions. They could become amazing aids and fully integrate themselves. Alternatively, data and privacy issues could lead to issues we haven't even thought through yet.

"With all of this data in the wrong hands, we could be opening our home's digital door (or actual door, if you use a smart lock) to hackers through a single device, potentially putting our families in danger," Cohn concluded. "We'll just have to wait and see which route we take with these innovative technologies."

Meet 'Bahati,' the real-life 'Lion King'

DALLAS ZOO

ZOOM

This is how Simba looks in the new version of Disney's "Lion King." WALT DISNEY STUDIOS

Model used to create Simba

Have you ever wondered how the characters of the new computer-animated musical film, directed and produced by Jon Favreau, were created? Well, the developers made them based on real animals. For example, Bahati, a lioness from the Dallas Zoo, was used as a model for little Simba more than two years ago. **MWN**

$543M
is the global box office total for "The Lion King."

Facts about Bahati

Bahati is now an adult lioness who continues to live in the Dallas Zoo. Recently she has received hundreds of visitors who wanted to get to know real-life Simba. When filmed to study her movements and develop an animated character, she was just 1 month old.
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5 TYPES OF MODERN BOSSES

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This guide will tell you how to survive — or be happy — within your work environment.

LUZ LANCHEROS, MWN
letters@metro.us

In "The Office," "Horrible Bosses" and "Devil Wears Prada," it is possible to observe different types of leadership. However, not all bosses are the same and the matter is much more complicated than one might think. That is why Metro chatted with experts at the Spanish-based CEREM International Business School to learn more.

HELICOPTER BOSS

Are you working for someone who controls everything you do, how you do it and when? Well, this type of leader does not believe their employees are capable of completing any task on their own. Thus, they are constantly checking, making suggestions, hovering above and saying, "I don't trust them," "I'll make it faster" or "I can't leave them alone" — all while at the same time complaining, "I have to do all the work."

"The consequences that helicopter bosses cause are negative. Their behavior hinders the motivation necessary for employees to grow and do good work. In addition, they believe subordinates do not know enough and thus there is no autonomy," Jesus Gomez, expert at CEREM, explained to Metro. "The best way to deal with it is to talk with such a boss and establish a more trustworthy, confident and less vertical relationship."

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AUTHORITARIAN LEADER

This type is the extreme version of a "helicopter." Such a boss sees his employees as "minions" and expects everything to be done without questioning. He or she does not accept any criticism. Nor will this boss recognize good work, therefore discouraging employees.

"Patience is a vital weapon. Keep the boss informed of everything considered important, at least to be able to work properly," Alberto Moreno Alvarez, teacher at CEREM, stated.

DEMOCRATIC BOSS

For this boss the qualities of the team do matter and he or she seeks to maintain the balance in the office environment. Democratic chief generates empathy and make people want to work. "You must show initiative, that's the key. You can also give constructive opinions, but be honest in a more proactive way," the expert said.

PATERNALISTIC LEADER

He or she cares about the employees to the point of helping them with personal problems. "What is the problem with that?" one might ask. Well, this type of leader never delegates, because he or she believes employees are not capable of anything. They are like the decaffeinated version of helicopter bosses, but these ones have good intentions.

"Be kind. You can demonstrate your abilities by being proactive and taking initiative. This will show that you have grown under their protection," Moreno advised.

CHARISMATIC BOSS

Jordan Belfort of "Wolf of Wall Street" would be the perfect example. Because of knowing how to motivate workers so well, he or she allows for company goals to be achieved much faster.

"Always be prepared for changes, and to do different things. These bosses value the ability to learn to obtain better results," the expert concluded.

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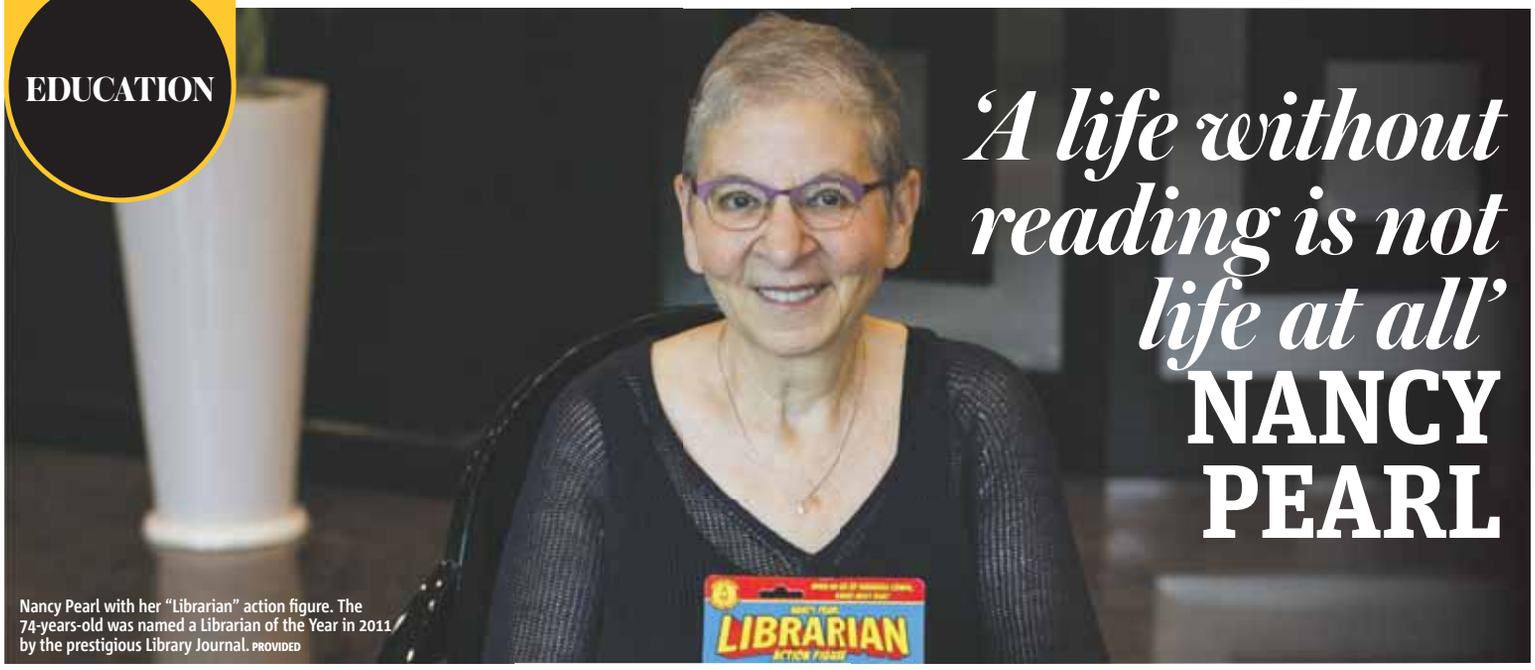


Nancy Pearl with her "Librarian" action figure. The 74-years-old was named a Librarian of the Year in 2011 by the prestigious Library Journal. PROVIDED

'A life without reading is not life at all' NANCY PEARL

The American librarian, immortalized in an action figure, gave Metro some tips on how to experience reading with passion.

How did your passion for books start?
It started when I was a very young girl, in a public library of Detroit, Michigan. My parents were great readers and they took me there quite often. And I liked it because a librarian showed me books from all over the world. My family was not the happiest one, so that place became my new home.

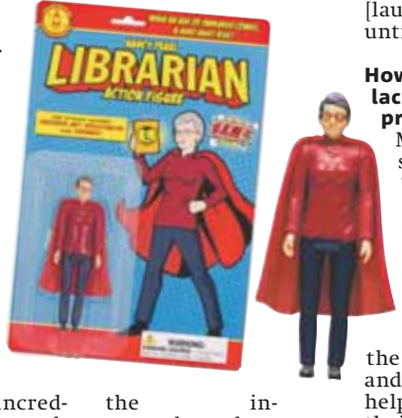
Do you think new generations have lost that fascination with books?
I do not think so. I feel that all children can love books. But what is the key to that? Well, whether parents or librarians should help children find that book that makes them readers. Giving a child their first book is very important, it is a very personal gift. Reading changes lives.

How to find that book in tech era?
To turn children into readers, you have to talk. As simple as it may seem, it is also essential to listen and understand what they love to do. Discover if they like to build things or if they dream of traveling to other countries. Then you can just do the research. Regarding technology, I don't think it has to be dissociated from reading; it can enhance the experience in incredible ways. In the end, children become readers following parents. If a child receives a book from an important adult, that converts reading into something unique.

What is the role of a librarian?
I once heard a very nice and correct definition of our profession: "A librarian may not have all the answers, but he knows where to find them."

With the tsunami of information that the internet brought, the profession of a librarian has certainly transformed. But in essence it has maintained the same: being an information professional and making the access to that information easy for everyone.

> **"What we should be teaching is the love for books and reading. Help children find their perfect book, make them see themselves on the pages."**



You are the only librarian in the world with their own action figure. Tell more about it.
This figure is the third version of the doll; the first one appeared in 2003. It all started when the head of the Seattle company Accoutrements had a dinner with my husband and myself, and told us about all the action figures he planned to create.

Someone suggested making one of a librarian and make me the model. The first version even had a button that made the figure move its hand, as if it was asking others to be quiet [laughs]. It was there until this version.

How to tackle the lack-of-reading problem?
Many times it is said in schools, "You have to read this book and that one, because they are classics." But is it really what should be done? What we should be teaching is the love for books and reading. As I said, help children find their perfect book, make them see themselves on the pages. And what I say for children also works for adults. Sometimes reading is not perceived as something striking, but a life without it is not life at all. JOSE BARRETO MWN

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Will a summer job burn your financial aid for college?

NerdWallet is a personal finance website.

ISTOCK

Roughly one-third of teenagers have summer jobs, according to the Pew Research Center. Some of these jobs may make you very familiar with the letters "SPF." But every working student should know a different abbreviation to avoid getting burned: EFC.

While you may be working to help pay for college, the money you earn could affect the financial aid you receive. Here's how.

Income and financial aid

Every student who wants federal financial aid must complete the Free Application for Federal Student Aid, or FAFSA. Colleges use this information to calculate how much a student and their family can pay for school. This is known as the expected family contribution, or EFC.

The EFC considers the income and assets of parents and students. In general, those with more money pay more money — and may not qualify for more desirable aid as a result.

"Typically, students with higher EFCs won't be eligible for need-based money," says Lauren Brantley, an eAdvisor for the College Advising Corps, a nonprofit organization based in Chapel Hill, North Carolina, that works with low-income, first-generation students.

Need-based aid includes Pell Grants, which you don't repay, and subsidized federal loans, whose interest the government pays while you're in school. Schools may also use the FAFSA to determine institutional aid, awarding some scholarships and grants based on financial need.

Student income protection

Penalizing working students may sound unfair, but annual earnings are excluded from the financial aid formula — to a point.

For dependent students, "The FAFSA wipes out any income earned at $6,660 or below," says MorraLee Keller, director of technical assistance for the National College Access Network, a nonprofit organization in Washington, D.C. If you exceed the maximum, the formula counts half the excess earnings.

For example, say you worked at an ice cream shop earning $10.45 an hour, the median for food service workers according to the Bureau of Labor Statistics. You'd have to work more than 630 hours to hit the income maximum.

That's not likely over the summer, but you could earn more than $10,600 by working 20 hours a week at that salary for the entire year. In that instance, the FAFSA would ignore $6,600, and $2,000 of the remaining $4,000 would affect your EFC.

It's tough to say how much need-based aid that $2,000 could cost you — it would depend on your entire financial picture — but Pell Grant amounts and EFC are directly correlated.

Currently, if you attend college full-time and have an EFC of $3,000, you'd qualify for a Pell Grant of $3,245, provided the school's cost of attendance exceeds $6,195. If your EFC increased to $5,000, your grant would decrease to $1,245.

You can estimate this potential effect on your situation with the U.S. Education Department's FAFSA4Caster.

Details to know

If you make a lot of money, you'll want to understand the school year those earnings affect because the FAFSA uses income information from two years ago.

"For a student who's an incoming freshman, calendar year 2017 is what is being taken into account on their FAFSA," Keller says.

This wrinkle means college students close to graduating who land high-paying jobs or internships would likely finish school before that money counts toward their EFC.

Work-study jobs also don't count toward the amount of income students can earn. You could make $3,000 from a work-study job and $4,000 from a summer job, but only the latter would go into the EFC calculation — keeping you below $6,660.

These details mean the benefits of working likely outweigh the risks.

"I think that students need to work when they're in college," says Jodi Okun, founder of College Financial Aid Advisors, which helps families understand the financial aid process. "It's going to help them get employed faster."

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Golden Tate was suspended for four games on Saturday. GETTY IMAGES

Giants offense gutted with 3 receivers shelved

Eli Manning's targets are in trouble this season.

JOE PANTORNO
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Expectations surrounding the New York Giants' 2019 season weren't looking good as it was.

Now Eli Manning isn't going to be with any of his receivers.

None of them.

It's been a nightmarish week for the Giants offense as their top three receivers were sidelined.

Promising slot receiver Sterling Shepard injured his thumb before Corey Coleman went down with a season-ending torn ACL. On Saturday, New York's big acquisition of the offseason, Golden Tate, was handed a four-game suspension by the NFL for violating its policy on performance-enhancing substances.

Tate will appeal the ban, stating that the substance was a prescribed fertility medication.

Regardless, the Giants are left with a set of pass-catchers that lack experience and top-tier skills to hold things down for the offense.

Just look at what the Giants were left with after Tate's suspension:

Cody Latimer, 51 career games, 46 receptions, 4 TDs; Bennie Fowler, 55 games, 72 receptions, 6 TDs; Russell Shepard, 84 games, 57 receptions, 6 TDs; Darius Slayton, rookie (fifth-round pick); Alonzo Russell, 1 game; Brittan Golden, 46 games, 18 receptions; Da'Mari Scott, 3 games; Reggie White Jr., rookie (undrafted).

It's only going to make things more difficult for Manning, who will likely have a short leash as the No. 1 quarterback with Daniel Jones waiting in the wings.

Plenty of pressure will also be heaped on second-year running back Saquon Barkley. The reigning NFL Offensive Rookie of the Year shouldered plenty of the offensive load last year as one of the best dual-threat backs in the league.

It will be up to tight end Evan Engram to headline the aerial attack as his targets should only increase.

With training camp underway, the talent available on the market isn't necessarily brimming. The Giants attempted to play damage control on Saturday and signed T.J. Jones and Amba Etta-Tawo.

Jones recorded 64 receptions for 814 yards in 42 games with the Detroit Tigers while Etta-Tawo spent time on the Giants and Houston Texans' practice squads.

That's not going to do much to improve the Giants' passing game, which won't help Manning's chances of staying under center.

With unproven and unreliable targets, Manning will either struggle mightily to start the season or he'll resort to the dink-and-dump style of play that became so common last year behind a struggling offensive line.

Either way, poor timing coupled with questionable management will make New York's uphill battle an even steeper one in 2019.

Mets pull off shocker, acquire Marcus Stroman from Blue Jays for prospects

The Mets acquired Blue Jays All-Star pitcher Marcus Stroman on Sunday for two pitching prospects, per reports. GETTY IMAGES

Mets sending pitching prospects to Toronto in first blockbuster of the summer.

JOE PANTORNO
joseph.pantorno@metro.us

Despite being on the fringe of a playoff hunt (at best), the New York Mets made the biggest splash of the trade deadline so far on Sunday by acquiring Marcus Stroman from the Toronto Blue Jays, according to multiple reports.

Per The Athletic's Ken Rosenthal, the Mets are sending prospect pitchers Anthony Kay and Simeone Woods-Richardson to Toronto.

That means that Noah Syndergaard is still a Met for now. The 26-year-old right-hander has been a favorite to be traded from the Mets by the end of the month. He's been heavily linked with the San Diego Padres, among others, over the past few days.

Stroman is in the midst of one of his finest seasons in the majors, garnering his first-ever All-Star Game selection earlier this month. Despite playing for a struggling Blue Jays franchise, the 28-year-old had a 2.96 ERA — ranked fifth in the American League — with a 6-11 record.

With the retention of Syndergaard — at least for now — Stroman suddenly gives the Mets one of the most imposing 1-2-3 punches in all of baseball as he joins a rotation that already is headlined by Jacob deGrom and Thor. Add a possible combination of Steven Matz, Zack Wheeler or Jason Vargas, and the organization's pitching staff will once again become its calling card.

Stroman is under team control for another season, albeit through arbitration. But the Mets' inclusion of prospects in the deal indicates that the organization is keen on signing the right-hander for the long haul.

However, it is imperative that they do so given the price they paid to get his rights for a little over a season.

Kay and Woods-Richardson are top 10 prospects in the Mets farm system, although they are not ranked within Major League Baseball's top 100.

In seven starts with Triple-A Syracuse, Kay is 1-3 with a 6.61 ERA, while Woods-Richardson has a 4.25 ERA with Single-A Columbia.

The move rings true with the notion that owners Fred and Jeff Wilpon are still in a "win-now" mode despite the team being 11.5 games out of first in the National League East.

If the Mets were looking at a rebuild, General Manager Brodie Van Wagenen would have included one of his big arms in Syndergaard or Zack Wheeler while asking for highly rated prospects from Toronto.

A hot start to the second half suggests the Mets might not be giving up on this season just yet. While they've been an afterthought among many around baseball, a 9-4 stretch in their last 13 games has them just six games out of the final Wild Card spot in the National League. They've already leaped over four teams in the standings since July 12, but have six more to catch for a place in the one-game playoff.

The Mets start a three-game series against the 46-57 Chicago White Sox before another meeting with the Pittsburgh Pirates, whom they just completed a sweep of on Sunday afternoon.

Stroman was originally linked to the crosstown-rival Yankees, who are the predominant players for starting pitching help as the trade deadline approaches on Wednesday.

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GAMES

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ACROSS
1 Unravel at the edges
5 Largest city in Nebraska
10 Mex. wives
14 Gust
15 Part of a flower
16 Georgia __
17 Bops
18 Stability
20 Groom's answer
21 Fine things?
22 Antsy
23 Trait transmitters
25 Military conflict
26 Not wobbling
28 "v." in a court case title
31 Pushover
32 007, e.g.
34 Oct.'s follower
36 Bruised
37 More devious
38 Movie about a pig
39 Piece of neckwear
40 __ in; entered in a queue
41 Procrastinator's word
42 Pact
44 Meager
45 Vis-à-__; in relation to
46 Clear liquor
47 Iron alloy
50 Pizzeria output
51 "60 Minutes" network
54 Court reporter's output
57 Equestrian's command
58 Vienna loc.
59 Not inner
60 Ship area
61 Gambles
62 About to cry
63 Percentage

DOWN
1 J preceders
2 Bug spray
3 On the whole
4 Affirmative
5 Fish hawk
6 Track-and-field events
7 Spring months: abbr.
8 Show-off
9 Apple pie __ mode
10 Thrusting weapons
11 Call up
12 Suffix for avoid or allow
13 Prophet; visionary
19 Verges on
21 Opie's pa
24 Simple
25 "None the worse for __"
26 Argument
27 Implied, though not spoken
28 Competed
29 Not connected to anything
30 Like one who's on the wagon
32 Friend in war
33 Fib
35 Part of VIP
37 Takes a load off
38 Pitcher's error
40 Is unsuccessful
41 Youths
43 Happenings
44 Odes & sonnets
46 Deadly critter
47 Pierce
48 Word of agreement
49 Orient
50 Hummus holder
52 Gutsy
53 Houston & others
55 Portable bed
56 Be contrite
57 UN agency

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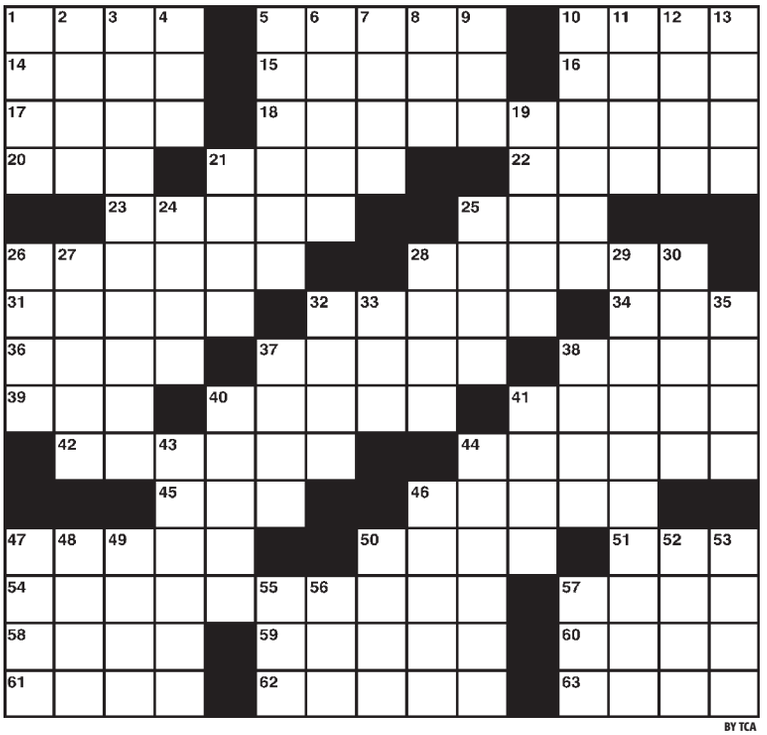

BY TCA

metro.us/wordsearch

A	E	S	T	U	N	T	H	E	V
S	L	M	I	B	F	O	E	T	N
S	B	I	T	E	A	M	L	H	O
A	I	S	G	C	L	C	I	A	D
S	S	S	T	A	L	R	C	N	B
S	S	I	S	R	O	U	O	H	U
I	O	O	E	G	U	I	P	U	X
N	P	N	U	Y	T	S	T	N	I
E	M	E	G	P	Q	E	E	T	Z
D	I	M	Y	S	T	E	R	Y	A

Action
Assassin
CIA
Ethan Hunt
Fallout
Helicopter
IMF
Impossible
Mission
Mystery
Race
Rogue
Spy
Stunt
Tom Cruise

metro.us/wander

Category: Host

R	P	E	Y
A	O	R	F
H	W	I	N

Trace a path, using every letter once, to find the hidden phrase. Your path can turn in any direction, but not diagonally.

metro.us/sudoku

1	7		5				6	3
			2			8	5	9
5	2						1	
9		1	7			6		4
7				3				1
3		5			4	9		2
	9						2	6
8	1	6			3			
2	5				1		9	8

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Yesterday's Answers

A	B	S			S	L	I	T	S		S	T	A	B
R	A	T	S		H	A	S	I	T		C	O	L	E
G	R	O	W		E	D	E	M	A		R	U	S	E
	S	P	I	N	E	L	E	S	S		I	R	O	N
			F	E	T	E			H	A	M			
S	M	I	T	E	S		F	L	I	P	P	A	N	T
W	O	R	L	D		T	A	I	N	T		M	I	A
A	D	A	Y		S	W	U	N	G		P	O	E	T
M	E	T		A	T	I	L	T		D	A	N	C	E
P	L	E	A	S	A	N	T		L	E	D	G	E	R
			M	A	R			G	O	A	D			
H	A	L	E		T	Y	R	A	N	N	I	Z	E	
O	V	E	N		L	E	A	S	E		N	E	A	T
B	I	N	D		E	A	G	E	R		G	U	S	H
O	D	D	S		D	R	E	S	S			S	T	Y

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